



Surgery Preparation

INSTRUCTIONS *and* INFORMATION
*for PATIENTS *and* CAREGIVERS*

Raymond
Neurosurgery and Spine

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SURGERY PREPARATION

- There will be several labs and pre-operative tests that need to be completed prior to surgery. Completion of the pre-operative tests is a requirement for surgery.
- **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR SURGERY**, unless otherwise instructed by an authorized person.
- **DO NOT EAT OR DRINK ANYTHING ON THE DAY OF SURGERY**. A small sip of water is acceptable.
- Please **discontinue** any medications listed prior to surgery. Aspirin and other non-steroidal anti-inflammatory drugs (NSAIDs) can affect the function of platelets in your blood and cause bleeding. To reduce the chance of excessive bleeding during surgery, please avoid all NSAID medications at least **ten days prior to your surgery**. A list of the most common drugs to avoid is listed in a separate sheet.
- You may continue use of other prescribed medications, as long as it has been approved by your doctor. A small sip of water is acceptable. Please inform us of all the medications you are currently taking.
- Some herbal preparations can also cause bleeding, so we recommend stopping natural herb supplements as well.

PRE-OPERATIVE TESTS

Once your surgical date is secured, you will receive a packet to take to your primary care physician or family doctor in order to have the following preoperative testing done prior to your surgery. These results need to be faxed by your doctor's office to (626) 535-9505 as soon as it is available.

- ***Physical Exam***
 - ***EKG (Electrocardiogram)***
This can be done anytime prior to surgery.
 - ***MRI of the Head/Brain***
This is a requirement for specific surgeries only. You will be notified by the staff should you need this study prior to your surgery.
 - ***Chest x-ray (ap/lateral views)***
This can be done anytime prior to surgery.
 - ***Labs***
The following labs should be completed five to seven days prior to surgery date and can be done at either your doctor's office or any lab facility:
 - > CBC, PT, PTT, UA
 - > Comprehensive metabolic panel
- The following labs will be done at the hospital:
- > TYPE & SCREEN
 - > TYPE & CROSS – 2 units

HOSPITAL INFORMATION

Your surgery has been scheduled at the following hospital:

- Huntington Memorial Hospital
100 California Boulevard
Pasadena, CA 91105
(626) 397-5000

- Glendale Adventist Medical Center
1509 Wilson Terrace
Glendale, CA 91206
(818) 409-8000

On the day of surgery, please report to the Admitting Department at

Time and date of surgery may change.

Please call our office to confirm the correct time and date of your surgery.