



Medications to avoid *prior to your surgery*

INSTRUCTIONS *and* INFORMATION
for PATIENTS *and* CAREGIVERS

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MEDICATIONS TO AVOID PRIOR TO YOUR SURGERY

Non-steroidal anti-inflammatory drugs (NSAIDS)

These are non-narcotic medications used for arthritis and pain relief. These medications need to be stopped for at least 10 full days prior to surgery. NSAIDS are available in both prescription and non-prescription strengths. NSAIDS may also be used alone or combined with other medications in several common cold, flu and sinus products.

THE FOLLOWING IS A LIST OF MEDICATIONS YOU NEED TO AVOID:

- Aches-N-Pain
- Actron
- Alka-Seltzer
- Alpha-Ped-Capsules
- Anagistine
- Anaphen
- Anodynos
- Aspirin (Anacin, Ascriptin, Bayer, Bufferin, Ecotrin, Excedrin, Aspir-phen, Aspatab)
- Butazolidine
- Choline and Magnesium Salicylates (CMT, Tricosal, Trilisate)
- Choline Salicylate (Arthropan)
- Diclofenac Potassium (Cataflam)
- Diclofenac Sodium (Voltaren, Voltaren XR)
- Diclofenac Sodium with Misoprostol (Arthotec)
- Diflunisal (Dolobid)
- Etodolac (Lodine, Lodine XL)
- Fenoprofen (Nalfon, Nalfon 200)
- Fenoprofen Calcium (Nalfon)
- Fluriprofen (Ansaid)
- Genpril
- Haltrin
- Ibuprofen (Advil, Motrin, Motrin IB, Nuprin, Ibuprin, Ibupohm)
- Indomethacin (Indocin, Indocin SR, Indo-Lemmon, Indomethegan)
- Ketoprofen (Actrol, Orudis, Orudis KT, Oruvail)
- Ketorolac (Toradol)
- Magnesium Salicylate (Athritab, Bayer Select, Doan's Pills, Magan, Mobidin, Mobogesic)
- Meclofenamate Sodium (Meclomen)
- Mefenamic Acid (Ponstel)
- Meloxicam (Mobic)
- Midol IB, Midol 200
- Nabumetone (Relafen)
- * **ETODOLAC**
- * **DEPAKOTE**

* **ELIQUIST**

* **TICAGRELOR (BRILINTA)**

- Naproxen (Naprosyn, Naprelan)
- Naproxen Sodium (Aleve, Anaprox)
- Nurpin
- Oxaprozin (Daypro)
- Pamprin
- Piroxicam (Feldene)
- Piroxican
- Rufen
- Saleto – 200
- Salsalate (Amigesic, Anaflex 750, Disalcid, Marthritc, Mono-Gesic, Salflex, Salsitab)
- Sodium Salicylate (various generics)
- Sulindac (Clinoril)
- Tolmetin Sodium (Tolectin)
- Trendar
- Tricosal
- Valdecoxib (Bextra)

OTHERS TO AVOID:

- Pepto-Bismol
- Duragesic
- Garlic Pills
- Trilsate
- Ginger Pills
- St. John's Wort
- Ginko Biloba
- Vitamin E
- St. Joseph's products
- Green Tea
- Products containing Aspirin
- Products containing Ibuprofen

*If you must take something for headache, menstrual cramps or other aches and pains, you may take **TYLENOL (Acetaminophen)** as directed prior to your surgery. Check the labels on any medicine you plan to take in pill, capsule or liquid form. Do not take anything containing acetylsalicylic acid or salicylates.*

REMEMBER: TYLENOL ONLY FOR PAIN

Some herbal preparations can also cause bleeding, so we recommend stopping natural herbal supplements as well.

ANTICOAGULANT MEDICATIONS

Stopping the following medications should be discussed with your cardiologist or surgeon:

- Enoxaparin (Lovenox)
- Heparin
- Coumadin (Warfarin)
- Melagatran (Ximelagaram)
- Ticlid (Ticlopidine)
- Plavix (Clopidogrel)
- Pletal (Pentoxifyline)

*Your cooperation can help us avoid bleeding complications with your anticipated surgery.
For any questions or concerns, please call our office.*

CONTACT INFORMATION

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